

FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549
INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Bourget, Jonathan (Last) (First) (Middle) 96 S. George Street Suite 500 (Street Address) PA 17401 York (City) (State) (Zip)	2. Date of Event Requiring Statement (Month/Day/Year) 09/21/2010	3. Issuer Name and Ticker or Trading Symbol Glatfelter P H Co [GLT]
4. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director <input checked="" type="checkbox"/> Officer (give title below) <u>VP, AMBU Business Unit</u> <input type="checkbox"/> 10% Owner <input type="checkbox"/> Other (specify below)		5. If Amendment, Date Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)

Table II - Derivative Securities Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Securities: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Amount or Number of Shares	Title			
Restricted Stock Units	07/23/2015	07/23/2015	Common Stock, Par Value \$.01	1,730	0 (1)	D	
Stock Only Stock Appreciation Rights	07/23/2011	07/23/2015	Common Stock, Par Value \$.01	7,867	\$11.92	D	
Stock Only Stock Appreciation Rights	07/23/2012	07/23/2015	Common Stock, Par Value \$.01	7,866	\$11.92	D	
Stock Only Stock Appreciation Rights	07/23/2013	07/23/2015	Common Stock, Par Value \$.01	7,867	\$11.92	D	

Signatures

Linda M. Levans by POA _____
 ** Signature of Reporting Person _____
 Date 09/22/2010

Explanation of Responses

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.
 * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
 ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 (1) Not applicable to this transaction. RSUs have no value until vested.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.